

**Public Health Agreement For  
Intra-uterine contraceptive device and Intra-uterine systems fittings  
in Primary Care**

**1<sup>ST</sup> April 2023 to 31<sup>st</sup> March 2024**

## **Service Specification for the provision of Intra-uterine contraceptive device and Intra-uterine systems fittings**

### **1.0 Introduction:**

- 1.1 All practices are expected to provide essential and those additional services they are contracted to provide to all their patients. This specification outlines the more specialised services to be provided.
- 1.2 The specification of this service is designed to enhance aspects of clinical care of the patient, all of which are beyond the scope of essential services. No part of this specification by commission, omission or implication defines or redefines essential or additional services.
- 1.3 The services will be reviewed on an annual basis.
- 1.4 In the delivery of any services commissioned on behalf of the Council, Providers must demonstrate awareness and be responsible to the accessibility and needs of underserved groups in attempting to access services.
- 1.5 As part of the delivery of this service,
  - anonymised activity data may be shared with the local Place/CCG to support understanding of and improvement in provision.
  - practices will receive information on related local public health services relevant to their patients

### **2.0 Aims:**

The aims of this service are to:

- 2.1 Ensure that IUCD procedures are provided by practices to patients in line with the NICE guidance CG30 on Long Acting Reversible Contraception (2005) Updated July 2019.
- 2.2 Whenever possible offer post-coital IUCD fitting for emergency contraception purposes.

### **3.0 Service outline:**

This Public Health Agreement will cover:

- 3.1 **Fitting, monitoring, and removal of IUCDs** as appropriate.
- 3.2 **Establishment**

- 3.3 **Provision of adequate equipment and support staff.** Certain special equipment is required for IUCD fitting. This includes an appropriate room fitted with a couch and with adequate space and equipment for resuscitation. A variety of vaginal specula, cervical dilators, and equipment for cervical anaesthesia also need to be available. An appropriately trained nurse or Health Care Assistant (HCA) also needs to be present to support the client and assist the fitter during the procedure.
- 3.4 **Provision and advice on the use of condoms to prevent infection and public health information on safer sex practices.**

- 3.13 Practices are expected to indicate on their quarterly data submissions to Surrey County Council whether procedures have taken place for contraceptive or non contraceptive purposes to enable recharging to take place. Please note, payment will be delayed

As part of ongoing CPD for LoC IUT, the FSRH require a log of 12 insertions, showing at least two different types of IUT method in conscious women. Please refer to the FSRH for full CPD requirements.

## **7.0 Referrals via the Buddy Scheme:**

This Public Health Agreement is available under the Buddy Scheme.

- 7.1 An additional £10.28 admin fee (as per the Buddy Scheme) per patient will be paid if the patient is referred via the Buddy Scheme to a GP who is providing the actual service. The fee will only be paid where the providing GP has signed a Buddy Scheme Agreement and has committed to providing this service under the scheme. This fee includes booking appointments, chasing STI test results where required and writing back to the referring GP with details /outcome from the consultations. See the buddy scheme specification, available from the public health team for more details.
- 7.2 If a patient is seen following a referral and the procedure is unsuitable the practice must ensure that these encounters are appropriately read coded and reported back to the original referring GP.
- 7.3 If the practice only provides IUCD it should ensure it is aware of other local practices that provide contraceptive implants via the buddy scheme. If this is the preferred option for the patient, the practice should then be able to refer them via this process. Details of practices providing contraceptive implants via the buddy scheme can be obtained by emailing [Publichealthclaims@surreycc.gov.uk](mailto:Publichealthclaims@surreycc.gov.uk)

## **8.0 DNA of Appointments:**

- 8.1 If a patient booked in for an appointment via



## Appendix 1

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