

# In Case of Emergency

Complete this form for your household to access key information quickly and easily in an emergency. Store these details on your mobile device as well as keeping a paper copy.

In an emergency, ensure you are not in danger. If the danger is outside, stay inside (if it is safe to do so). If you or another person is in danger always call 999.

## **If you are asked to leave your home:**

Make sure you take your medication and, if possible, any medical equipment you need with you.

Remember to tell family, friends and carers where you are going. If you are currently receiving visits from NHS or Social Care providers let them know where you have gone to.

Take your mobile phone and charger as well as key documents like ID and your

## Who can I call if I need help?

Name	Contact Number
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